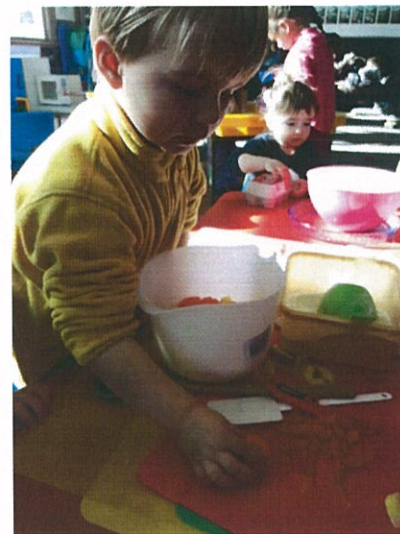
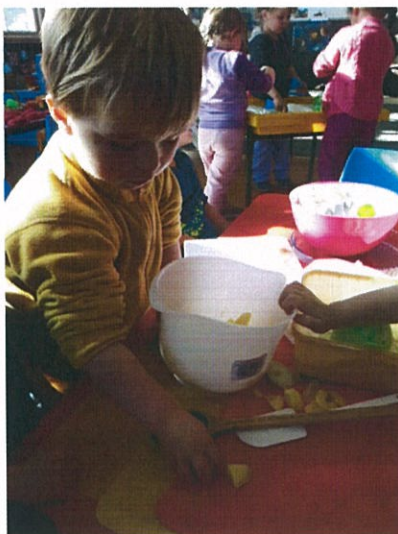


# Making a Quiche

Kaiako: Miriam, September 2018

Kia ora Fin!



**Noticing:** Over the past several months I have seen you really enjoy baking experiences, whether real baking or in dramatic play (such as in the sandpit). I asked you what you would like to make at Preschool one day and you told me, “a pie”. Making a pie was pretty much beyond me, so I suggested a quiche, which makes it’s own crust, a bit like a pie. You were keen and so I prepared our ingredients for when I was next teaching in the morning.

You were busy doing something else at the time I was ready to make it, but you came over excitedly when I asked if you would like to help make the quiche. Our quiche had a few vegetables in it, making it delicious and healthy. Our recipe was:

Potato	1 cup flour
Carrot	1 cup milk
Onion	Salt n pepper
3 Eggs	

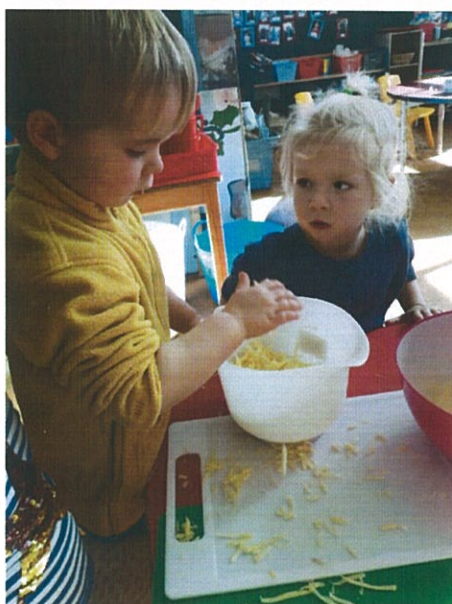
I involved you in many of the processes we needed – such as peeling the potato, putting the peels away, grating cheese, and mixing.

Each day at Preschool we encourage healthy eating options before treat food so we shared the quiche together at lunchtime. You tried a piece you only had a little bit, and then went on to the rest of your lunchbox.

**Recognising:** Fin you showed your real **engagement** and interest in this experience by sticking with it for the whole time! You were very **keen** to help me with every aspect, and gave everything a go, showing **competence**. You were **focussed** and completed each task (although peeling the potato needed some help!) Your **creative** disposition is very evident in everything you do, particularly music, but this experience gave you an opportunity to help create some food, that we could all share.



Māia – confidence/competence,  
 Kawenga – taking responsibility,  
 Arahina – leadership,  
 Mahitahi – cooperation/group endeavour,  
 Auahatanga - creativity



**Responding:** Fin, we would love to bake with you again, and see what else you would like to do. It would be great to give you opportunity to revisit these skills, such as peeling, as they really need practise to develop competence.

*Te Whāriki, ECE Curriculum*

*Principle: EMPOWERMENT/WHAKAMANA*

**Strands:**

**Wellbeing/Mana atua:**

Children experience an environment where:

- » Their health is promoted - Keeping themselves healthy and caring for themselves | te ora nui

**Belonging/Mana whenua:**

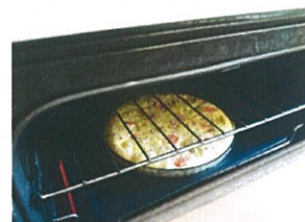
Children and their families experience an environment where:

- » Connecting links with the family and the wider world are affirmed and extended - Making connections between people, places and things in their world | te waihangā hononga
- » They know that they have a place - Taking part in caring for this place | te manaaki i te taiao

**Contribution/Mana tangata:**

Children experience an environment where:

- » They are affirmed as individuals - Recognising and appreciating their own ability to learn | te rangatiratanga
- » They are encouraged to learn with and alongside others - Using a range of strategies and skills to play and learn with others | te ngākau aroha



Link to LRPS Learning Outcomes:

Children will gain and understanding of themselves as competent and confident lifelong learners.

Links to Learning Goals:

Links to Whānau Aspirations: