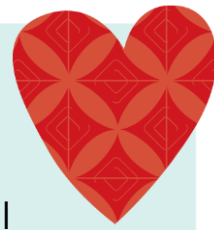


CLOTHING FOR OUTDOOR PLAY



With the change of season on the way, it is vital children still experience the wonders of the outdoors and get the recommended 60mins of exercise each day. Having the right clothing opens up plenty of opportunities in all-weather conditions.



- ♥ Think layers for easy transition from indoors to outdoors
- ♥ Dress babies/young children in one more layer than an adult would wear
- ♥ Waterproof pants/overalls = endless outdoor play options
- ♥ Gumboots enable children to puddle jump and splash
- ♥ Change out of wet clothes ASAP (ensure extra clothing is in their bags)
- ♥ Wipe down wet swings, slides, monkey bars
- ♥ Hats off inside for self-regulation of body temperature
- ♥ Beware of clothing hazards such as scarves and hood strings