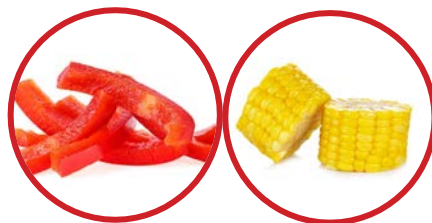


Summer lunchbox (2-5yrs)

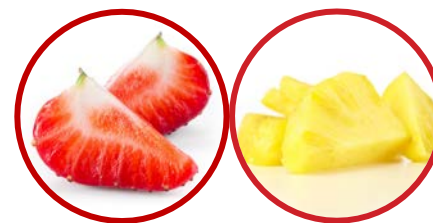
Wholemeal wrap wheels: Hummus, grated carrot and grated cheese



Choose one or more from **each** group to have on the side:



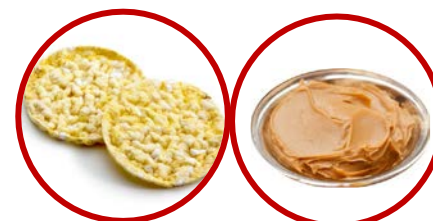
Capsicum and/or corn cob



Strawberries and/or pineapple



Cheese and/or yoghurt*



Corn thins and peanut butter

**You may like to put the yoghurt in the freezer overnight to help keep the lunchbox cool.*

Summer lunchbox (2-5yrs)

Leftover pasta salad: Egg, tomato, cucumber and sweetcorn with light dressing



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Choose one or more from **each** group to have on the side:



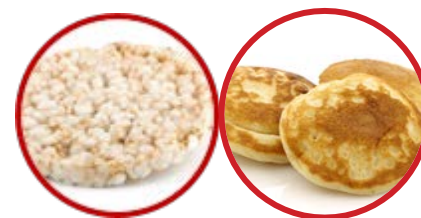
Grilled courgette and/or avocado



Fruit salad and/or plums



Cheese and/or custard



Rice cake and/or wholemeal pikelets

Summer lunchbox (2-5yrs)

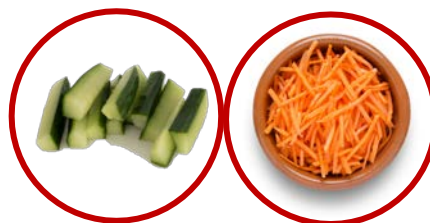
Pineapple and cheese toastie:

Wholegrain bread, crushed pineapple and cheese

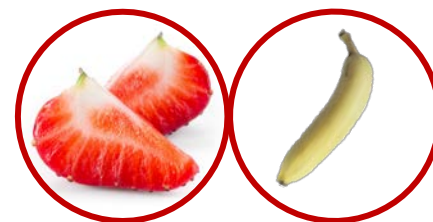


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Choose one or more from **each** group to have on the side:



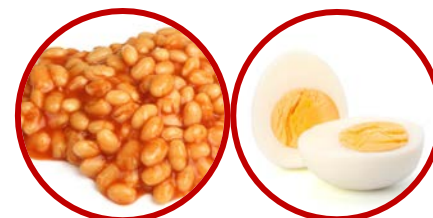
Cucumber and/or grated carrot



Strawberries and/or banana



Custard or yoghurt*



Baked beans or boiled egg

**You may like to put the yoghurt in the freezer overnight to help keep the lunchbox cool.*

Summer lunchbox (2-5yrs)

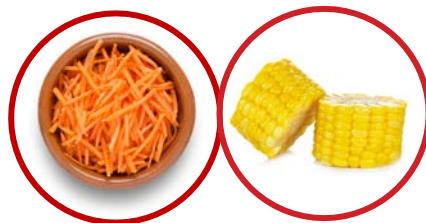
Egg frittata:

Tomato, spinach,
peas and cheese



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Choose one or more from **each**
group to have on the side:



Grated carrot and/or corn cob



Plums and/or fruit salad



Cheese or yoghurt*



**Pasta (cooked) and/or
rice cake**

**You may like to put the yoghurt in the freezer overnight to help keep the lunchbox cool.*